

**The Artist's Way**  
**Course Timetable 2019**

April 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WC 1<sup>st</sup> April</b> <b>Introduction Week</b> <i>"The Basic Principles"</i>	Facebook Group Introductions					Email Check in #1
<b>WC 8<sup>th</sup> April</b> <b>Week 1</b> <i>"Recovering a Sense of Safety"</i>	Facebook Group Affirmations	<b>Wed 10<sup>th</sup> April</b> Zoom Session 1 7pm-9pm GMT time				Email Check in #2
<b>WC 15<sup>th</sup> April</b> <b>Week 2</b> <i>"Recovering a Sense of Identity"</i>	Facebook Group Crazymakers					Email Check in #3
<b>WC 22<sup>nd</sup> April</b> <b>Week 3</b> <i>"Recovering a Sense of Power"</i>	Facebook Group Synchronicity					Email Check in #4
May 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WC 29<sup>th</sup> April</b> <b>Week 4</b> <i>"Recovering a Sense of Integrity"</i>	Facebook Group Reading Deprivation					Email Check in #5
<b>WC 6<sup>th</sup> May</b> <b>Week 5</b> <i>"Recovering a Sense of Possibility"</i>	Facebook Group Check in	<b>Wed 8<sup>th</sup> May</b> Zoom Session 2 7pm-9pm GMT time				Email Check in #6
<b>WC 13<sup>th</sup> May</b> <b>Week 6</b> <i>"Recovering a Sense of Abundance"</i>	Facebook Group Money blocks					Email Check in #7
<b>WC 20<sup>th</sup> May</b> <b>Week 7</b> <i>"Recovering a Sense of Connection"</i>	Facebook Group Perfectionism					Email Check in #8
<b>WC 27<sup>th</sup> May</b> <b>Week 8</b> <i>"Recovering a Sense of Strength"</i>	Facebook Group Survival					Email Check in #9
June 2019						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>WC 3<sup>rd</sup> June</b> <b>Week 9</b> <i>"Recovering a Sense of Compassion"</i>	Facebook Group Creative U-Turns	<b>12<sup>th</sup> June</b> Zoom Session 3 7pm-9pm Zoom				Email Check in #10
<b>WC 10<sup>th</sup> June</b> <b>Week 10</b> <i>"Recovering a Sense of Self Protection"</i>	Facebook Group Workaholism					Email Check in #11
<b>WC 17<sup>th</sup> June</b> <b>Week 11</b> <i>"Recovering a Sense of Autonomy"</i>	Facebook Group Artist's Altar					Email Check in #12
<b>WC 24<sup>th</sup> June</b> <b>Week 12</b> <i>"Recovering a Sense of Faith"</i>	Facebook Group Trust					Email Check in #13
<b>WC 1<sup>st</sup> July</b> <b>Completion Week</b> <i>"Epilogue"</i>	Facebook Group Creative Cluster	<b>Wed 3<sup>rd</sup> July</b> Zoom Session 4 7pm-9pm Zoom				Email Check in #14